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# Outside the Square

psychology



To maintain a current referral for Medicare purposes, you must revisit your medical professional at set intervals to review progress, and discuss the need for further sessions. Families can access any or all of the initiatives outlined below.

<b>Medicare Initiative</b>	<b>Who can access it?</b>	<b>Which doctor do I see?</b>	<b>How many sessions?</b>	<b>When must the referral be renewed?</b>
'Better Access to Mental Health Care'	Clients with a mental health concern such as depression, anxiety, ADHD, sleep disorder.	GP	12 sessions (in some cases up to 18 sessions) <i>per calendar year</i>	After six sessions. When the referral is a year old and all sessions have not been used
'Enhanced Primary Care Plan' (was initially known as Medicare Plus)	Clients with chronic conditions (persisting for more than 6 months), which can include Autism Spectrum Disorders, behaviour disorders, depression, anxiety, etc.	GP	5 sessions <i>per calendar year</i>	After 5 sessions. When the referral is a year old and all sessions have not been used
'Helping Children with Autism'	Children aged 2-15 years who have been diagnosed with Autism, Asperger Syndrome or PDD-NOS	Paediatrician or child psychiatrist	20 sessions <i>per lifetime</i>	After 10 sessions with your psychologist, or after completing a 'treatment cycle' (eg. after 4 sessions if the paediatrician only allocates 4 out of the 20 sessions for psychology rebates)