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# Outside the Square

psychology



## Supervision

You may wish to arrange supervision for the chance to regularly discuss your caseload of clients. You might also wish to arrange supervision as a way to participate in one-to-one professional development, covering topics below, or any other topic of your choice.

### Possible Supervision Topics

In regards to your career:

- Introduction to educational and developmental psychology
- Refresher on developmental theories
- Employment pathways in educational and developmental psychology

In regards to children as clients:

- Infant development (including crying, eating and sleeping)
- Toddler development
- Toilet training
- Addressing eating issues
- Addressing sleeping issues
- Observing and recording behaviour
- Identifying the causes of misbehaviour
- Preventing misbehaviour
- Practical strategies in responding to misbehaviour
- Common behavioural problems in toddlers
- Disability and Early Intervention (services and supports)
- The impact on the family of having a child with a disability
- Understanding Autism Spectrum Disorder
- Depression and anxiety/fears
- Anger
- School readiness
- Learning difficulties outlined in the DSM-IV-TR

- Children's cognitive skills
- Classroom management strategies
- Counselling techniques for working with children

In regards to adolescent/adult clients:

- Encouraging study skills
- Teenage Issues
- Coping with Stress
- Motivation and performance
- Life Transitions

Supervision may last for several sessions, or be ongoing depending on your needs.

To discuss your supervision requirements, please phone 0431 710 780.