

Anxiety and Children with Additional Needs



Children with additional needs often experience heightened levels of anxiety which can greatly impact their wellbeing and those around them.

This session for parents and professionals covers:

- Understanding anxiety in children with additional needs
- How to recognise anxiety in your child
- Strategies to help reduce anxiety levels in your child

About the presenter: Julia Seedsman is a psychologist with sixteen years' experience working with children with additional needs, such as Autism Spectrum Disorder, Developmental Delay and Intellectual Disability.

Date: Wednesday 14th September, 2016
Time: 10.00-11.30am (registration from 9.45am)
At: Outside the Square Psychology. 20 Banksia Street, Burwood.
Cost: \$50.00 per person, or \$75.00 for this plus our 'Puberty and ASD' workshop

Complete form below and return with payment. Registration closes one week prior to the session. 48 hours notice needed for cancellation; \$5.00 admin fee. Agencies are welcome to request an invoice by emailing: info@outsidethesquarepsychology.com.au . Enquiries, phone : 9808 3917.



Name: _____ Phone number: _____

Address: _____ Email: _____

Include a cheque/money order for 'Outside the Square Psychology' or complete credit card details below:

Please Circle: Mastercard OR Visa Card Name on Card _____

Card Number ____ / ____ / ____ / ____ Expiry __ / __ CCV (last 3 digits on the rear of card) ____

Tick if you require a receipt on day of session [] . Assume your registration was accepted unless advised otherwise.

Return with payment to: Anxiety Workshop, 20 Banksia St, Burwood, 3125